



# Communicating Better to Lead Better

## The Niagara Leaders' Conference 2017

**Saturday, March 25, 2017**

**9:30 a.m. – 3:00 p.m.**

Registration & refreshments from 9:00 a.m.

St. Christopher's, Burlington  
662 Guelph Line

Fee: \$30 per person

***(\$20 per person in parish teams of three or more –  
bring your whole Corporation or Parish Council!)***

Fee includes lunch and all materials.

This event is supported by a subsidy from the Diocese of Niagara.

All leaders have to communicate – to inspire, direct, influence, encourage, interpret, and manage disputes. Whether as a Rector, Warden, Parish Council member, Associate Priest, Deacon, or a parish program leader, we need to talk to people to get anything done. Do it well – and the ministry can thrive. Mess it up – and the ministry will suffer. Teams of leaders face the same challenge as a group: the better we communicate with each other, the better it is for the ministry as a whole.

This one-day event will offer you and your parish leadership team three excellent workshops to enhance your communication skills and your effectiveness as leaders in the church. No matter how much experience or training we have, we can always communicate better – because communications is one of those life-long learning challenges that's never "done" and can always improve.

To Register: <https://www.eventbrite.ca/e/the-niagara-leaders-conference-2017-tickets-31355096939>

If finances are a challenge, please contact Jane Wyse – 905-527-1316 x420.

*Program details on Page 2.*

**Workshops** (every participant will enjoy all three over the course of the day)

### **Personality Dimensions with Lisa Bellon**

**Personality Dimensions** is a program based on human temperament research intended to help people determine their dominant and passive personality traits. It is not only helpful to know the traits of your dominant colour(s) to gain a better understanding of your personality, but it can also be helpful to understand the traits of other colours in order to better interact with others around you.

By the end of this session participants will be able to:

- Use knowledge of self and others to improve interpersonal relations
- Learn to appreciate others' differences
- Recognize their own unique blend of strengths and qualities
- Understand individual preferences, styles and temperament types

**Lisa Bellon** is a coach, consultant, educator and workshop facilitator passionate about assisting individuals, teams and organizations in reaching their potential and leading healthier, more productive and fulfilling lives. She has over 20 years' experience in healthcare and community-based organizations in the areas of Organizational Development, Conflict Resolution, Effective Communication, Leadership and Team Development, Respectful Workplaces and Wellness Promotion. Lisa holds a Master of Education specializing in Workplace, Learning and Change from the University of Toronto and a Bachelor of Social Work from McMaster University.

### **Assertive Communications with Laura Babcock**

Learning how to communicate assertively is a core communication skill for leaders. Understanding the 4 Communication Types, the Sender-Receiver Relationship and the 7 Steps to Effective Assertive Communication is essential to communicating your messages effectively to any audience.

**Laura Babcock** is the President of POWERGROUP Communications an award-winning national public relations and training firm. Laura was a journalist for CBC and the Executive Director of the Oakville Chamber of Commerce. Laura taught Integrated Marketing and Communications for McMaster University and provides regular communication analysis for CTV, Global TV, various radio stations and newspapers. Laura was awarded Woman of Distinction in 2013 for her expertise and commitment to her community.

### **Emotional Intelligence with Steve Hopkins**

**Emotional Intelligence: Being the Grown-Up in the Room.** Parishes are driven by their relational dynamics, so church leaders need to be emotionally literate, especially when those dynamics are volatile. We don't get to choose the landscape of actors and feelings around us, but effective leaders make wise choices about how they respond. This workshop will describe key emotional dynamics at work in parishes and explore the leader's challenge of keeping one's head when all around are losing theirs.

**Steve Hopkins** is Archdeacon for Ministry Leadership Development in the Diocese of Niagara. Before serving as the Rector of parishes in Hamilton and Burlington, Steve worked in the Diocese of Niagara (as Director of Program and Secretary of Synod) and in the Diocese of Toronto (as a Program Consultant). He holds a BA (Religious Studies) from McGill, an MA (Theology) from St Michael's College, Toronto, an MEd (Adult Education) from the Ontario Institute for Studies in Education, Toronto, and a DMin from Trinity College and the University of Toronto.