# A Celebration of the Holy Eucharist with Spiritual Communion



The Feast of the Virgin Mary - August 16, 2020

Prelude: Versets on Ave Maris Stella from Premier livre d'orgue - Nicolas deGrigny (1672-1703)

# The Gathering of the Community

Bishop: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Words of welcome and introduction.

## Bishop: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

# The Collect

Bishop: Let us pray.

Almighty and everlasting God, who stooped to raise fallen humanity through the child-bearing of blessed Mary: grant that we, who have seen your glory revealed in our human nature and your love made perfect in our weakness, may daily be renewed in your image and conformed to the pattern of your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

# **OPENING HYMN #387 Common Praise: All Praise to Thee**

- All praise to thee, for thou. O King divine, didst yield the glory that of right was thine, that in our troubled hearts thy grace might shine: Alleluia! Alleluia!
- Thou cam'st to us in lowliness of thought; by thee the outcast and the poor were sought, and by thy death was God's salvation wrought: Alleluia! Alleluia!
- Let this mind be in us which was in thee, who wast a servant that we might be free, humbling thyself to death on Calvary: Alleluia! Alleluia!
- 4. Wherefore, by God's eternal purpose, thou art high exalted o'er all creatures now, and given the name to which all knees shall bow: Alleluia! Alleluia!
- Let every tongue confess with one accord in heaven and earth that Jesus Christ is Lord; and God eternal be by all adored: Alleluia! Alleluia!

# The Liturgy of the Word

## A Reading: Galatians 4.4-7

Reader: But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' So you are no longer a slave but a child, and if a child then also an heir, through God.

Reader: Holy Wisdom, Holy Word.

All: Thanks be to God.

## The Gospel: Luke 1:46-53

We sing together: Alleluia! Alleluia! Alleluia! (#715CP)

Reader: The Lord be with you.

- All: And also with you.
- Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.
- All: Glory to you, Lord Jesus Christ.

Reader: And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.'

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

We sing together: Alleluia! Alleluia! Alleluia! (#715CP)

#### The Sermon

Words of reflection or teaching are offered.

Solo: 'The Magnificat' - Dyson in C - sung by Sarah McPherson

#### The Prayers of the People

#### The response in the prayers is:

One: Lord in your mercy,

All: hear our prayer.

#### **Confession and Absolution**

Bishop: Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this holy table. Let us confess our sins, confident in God's forgiveness.

#### Silence is kept.

Bishop: Most merciful God,

- All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.
  We have not loved you with our whole heart; we have not loved our neighbours as ourselves.
  We are truly sorry and we humbly repent.
  For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.
- Bishop: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
- All: Amen.

#### The Peace

Bishop:The peace of the Lord be always with you.All:And also with you.

# THE CELEBRATION OF THE EUCHARIST

#### The Prayer over the Gifts

Bishop: God of mercy, receive all we offer you this day. May we share with the Virgin Mary the joys of your eternal kingdom, and live with you in unending love. We ask this in the name of Jesus Christ our Lord. **Amen.** 

#### **The Eucharistic Prayer**

Bishop: The Lord be with you.

- All: And also with you.
- Bishop: Lift up your hearts in adoration.
- All: We lift them to our God.
- Bishop: Let us give thanks to the Living God.
- All: It is right to give our thanks and praise.

Bishop: We rest in you timeless One, giver of peace, bringer of hope, you have knit us together, and breathed your life into us. Your Spirit moves beckoning us to join your song; you wait to speak even though we are slow to listen, you call us in still small voices, command us to be still and know you, in the depths of our being, beyond the veil of time.

> Still us now so that, ever more aware of our connection with you and with all who seek you in faith, we may find and repeat the praises that ring from the rocks of earth to the saints in light as we say:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory, Hosanna in the highest.

## Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

Bishop: We bring to this table God of Grace, all the concerns we carry, all of the gifts we have to offer, all of the hope we long to see fulfilled, so that as bread and wine are transformed, we may experience your presence, and our restless hearts find rest in you.

> Speak to us as Christ spoke to those first disciples, when gathered at a table Jesus took bread and gave you thanks, he broke it and gave it to his disciples saying: take and eat, this is my body which is broken for you, do this in remembrance of me.

After supper he took the cup of wine, gave you thanks and shared it saying: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this in remembrance of me.

Come Holy Spirit, upon us and upon these gifts, open us to receive Christ afresh in the depths of our hearts, transform us, so we may be moved to adore the One whose mercy is from everlasting to everlasting.

We worship you, we adore you, we seek you, we await you.

# All: Amen. Alleluia.

# The Lord's Prayer

Bishop:As our Saviour taught us, let us pray,All:Our Father in heaven, hallowed be your name,<br/>your kingdom come, your will be done, on earth as in heaven.<br/>Give us today our daily bread.<br/>Forgive us our sins as we forgive those who sin against us.<br/>Save us from the time of trial, and deliver us from evil.<br/>For the kingdom, the power, and the glory are yours, now and for ever. Amen.

## The Breaking of the Bread

Bishop: "I am the bread which has come down from heaven," says the Lord.
All: Give us this bread for ever.
Bishop: "I am the vine, you are the branches."
All: May we dwell in Christ, as Christ lives in us.
Bishop: The gifts of God for the People of God.
All: Thanks be to God.

#### **Invitation to Spiritual Communion**

Bishop: Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now. Many are made one.

Bishop: We receive you Lord Jesus Christ,

- All: we welcome your presence in us, and together proclaim our love for you; with our hearts, minds, our souls and our strength, with the saints we worship you, with the angels we adore you, with your whole Church we proclaim your reign. Come to us, though many, and make us one in you. Amen.
- Bishop: I invite you in the silence of your own hearts or using one or more of the reception prayers to make your own act of Communion with Christ.

Silence is kept during which time the congregation prays one or more of the prayers of reception below.

# **Prayers of Reception**

One: I worship and adore you, Lord Jesus Christ, present in bread and wine, and present in your people, who are gathered in spirit. In this moment I join with them to receive you in my heart, and in our community. May you, enthroned on the altar, be now enthroned in my heart, may you, present in bread and wine, feed and renew my soul, may you, who gives yourself to us again, fill us with grace, and heavenly blessing. Even as I am fed, may my hunger for you and for your reign of justice and peace increase, that I may, with your Spirit, work for that day when your kingdom shall come on earth as it is heaven. Amen. One: Come Lord Jesus and make in my heart your dwelling place and home. I seek to love you with all my heart, mind, soul and strength, and so, through your presence in bread and wine I receive you afresh and praise you for you are my God. As you fill me, so may my love for you and for all your people, rise and overflow, that with joy and thanksgiving, I may serve you in the world you love. Amen.

Or

One: Jesus, I believe that you are present with us in the sacrament of bread and wine. I love you and I desire your presence afresh in my life. Since I cannot now receive the bread and wine of the altar, come spiritually into my heart. I embrace you and unite myself to you; never let me be separated from you.<sup>1</sup>

Or

One: Holy Jesus we receive you in this moment, giving you thanks and praise that you make yourself present to all your people in the bread and wine of the Eucharist. Transform our hearts that we may shine as your light in dark places; Where there is hatred, let us sow love; Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

And this all, in love for you. Amen.

Or

One: O Loving God, in union with Christian people throughout the world and across the centuries gathered to make Eucharist, hearing your holy Word and receiving the Precious Body and Blood of your dear Son, I offer you praise and thanksgiving.

> Even while separated from tasting the Bread of Heaven and drinking the Cup of Life, I pray that you will unite me with all the baptised and with your Son who gave his life for us. Come Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence.

Jesus, as the hem of your garment, touched in faith, healed the woman who could not touch your body, so may the soul of your servant be healed, for though I cannot receive you in the sacrament I can, through this offering of my prayer, receive you in my heart; grant this for Christ's sake. Amen.<sup>2</sup>

<sup>&</sup>lt;sup>1</sup> Based on a prayer by St. Alphonsus Maria de' Liguori

<sup>&</sup>lt;sup>2</sup> Adapted from a service of Spiritual Communion, Diocese of Chelmsford, Church of England

#### Prayers recommended for use by children:

One:	Holy Jesus, thank you for loving us, and thank you for the holy bread and wine that reminds us that you are always with us. Come and live in our hearts, so we may know your love, and love others too. Amen.
Or	
One:	Jesus, you remind us in bread and wine that you are near to us. Bring me nearer to you every day, and let me carry you in my heart, to share your love with the world you made. Amen.
Or	
One:	Lord Jesus, thank you that you are always with me, I pray that you would remind me to welcome you to share every day with me. Thank you for loving me. I want to say that I love you too. Amen.
Or	
One:	Jesus, I want to follow you: to see you more clearly; love you more dearly; and follow you more nearly. So come into my heart, so that we may share life together. Amen.

#### After a time of prayer, we sing together....

#### COMMUNION HYMN #48 (Common Praise): Let All Mortal Flesh Keep Silence

- Let all mortal flesh keep silence, And with fear and trembling stand; Ponder nothing earthly-minded For with blessing in His hand, Christ our God to earth descendeth, Our full homage to demand.
- King of kings, yet born of Mary, As of old on earth He stood, Lord of lords, in human vesture, In the body and the blood; He will give to all the faithful His own self for heav'nly food.

#### **Prayer After Communion**

Bishop: Let us pray...

Father of all, All: we give you thanks and praise, that when we were still far off, you met us in your Son and brought us home.

- Rank on rank the host of heaven Spreads its vanguard on the way, As the Light of light descendeth From the realms of endless day, That the pow'rs of hell may vanish As the darkness clears away.
- 4. At His feet the six-winged seraph, Cherubim with sleepless eye, Veil their faces to the presence, As with ceaseless voice they cry: "Alleluia, Alleluia, Alleluia, Lord Most High!"

All: Dying and living, he declared you love, gave us grace and opened the gate of glory. May we who receive Christ's presence, live his risen life and bring life to others, and may we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.<sup>3</sup>

## An Act of Praise and Thanksgiving

Bishop: Glory to God, All: whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

#### Closing remarks and announcements.

#### The Blessing

Bishop: The peace of God which passes all our understanding, keep your hearts and minds in the knowledge and love of God and of his Son, Jesus Christ our Lord, and the blessing of God almighty, Father, Son and Holy Spirit, be upon you and remain with you, this day and always. **Amen.** 

#### CLOSING HYMN #362 (Common Praise): Tell Out My Soul

- Tell out, my soul, the greatness of the Lord! Unnumbered blessings give my spirit voice; Tender to me the promise of His Word; In God my Savior shall my heart rejoice.
- 2. Tell out, my soul, the greatness of His name!
  Make known His might, the deeds His arm has done;
  His mercy sure, from age to age the same;
  His holy Name, the Lord, the mighty One.
- Dismissal

ame!4. Tell out, my soul, the glories of His Word!Firm is His promise, and His mercy sure.Tell out my soul, the greatness of the LordTo children's children and forevermore!

3. Tell out, my soul, the greatness of His might!

Powers and dominions lay their glory by;

The hungry fed, the humble lifted high.

Proud hearts and stubborn wills are put to flight;

- One: Having received Christ by faith, let us go to live in that faith, transformed by hope and proclaiming God's love.
- All: Thanks be to God!

Postlude: Final from Antiphons on the Magnificat - Marcel Dupre (1886-1971)

<sup>&</sup>lt;sup>3</sup> Adapted from Common Worship, Church of England, Holy Communion Order One.