

## Bishop Susan's Book for Lent

Bishop Susan Bell is pleased to announce her Lenten book for 2026: *Rooted in Love: Lent Reflections on Life in Christ*, written and edited by Archbishop Sarah Mullally, who in October 2025 was appointed the 106th Archbishop of Canterbury, the first woman to serve in this role. Bishop Mullally will be formally installed on March 25, 2026, during Lent.

*Rooted in Love* offers forty daily reflections that explore what it means to live a Christ-centred life. The book asks essential questions for Christian discipleship: Who is the Christ we serve? What does it mean to be part of the body of Christ? How are we called to live more fully in Christ today? *Rooted in Love* draws on the collective wisdom of the area bishops of the Diocese of London. Each day's reflection includes a Scripture reading, a prayer, and a practical action to help readers integrate faith into daily life.

"Reading this book is not only a wonderful way for us as Anglicans across our communion to support Bishop Mullally's forthcoming installation as the first female Archbishop of Canterbury, but it also provides us with a meaningful Lenten discipline," said Bishop Susan Bell. "By engaging with this book as disciples and as a whole church, we have a wonderful opportunity to live into our Mission Action Plan, by igniting and strengthening our faith."

The book is available for purchase through [Indigo](#), Kindle, and [Amazon.ca](#). Parishes and individuals are encouraged to consider using *Rooted in Love* as a shared Lenten resource in 2026, as we journey together in prayer, reflection, and renewed commitment to life in Christ.

